

PRE-EVACUATION PREPAREDNESS



PLAN AHEAD



Personal Emergency Plan

- ☐ Create a network of people who can help you evacuate, and keep emergency/medical supplies stored for you.
- ☐ Identify primary and secondary evacuation routes.
- ☐ Register with local emergency assistance registries (if available).
- ☐ Practice evacuation drills adapted to your needs.
- ☐ Keep an emergency plan readily available (large print, audio).

Medical & Health Readiness

- ☐ List of all medical conditions, allergies and special needs.
- ☐ Maintain 7-14 days of medication (including backup supplies).
- ☐ Keep copies of prescriptions, medical provider contact info., insurance cards, advance directives/DNR order (if applicable).
- ☐ Label equipment with name and contact info.

Mobility & Assistive Devices

- ☐ Primary mobility device (wheelchair, walker, cane) and any braces, prosthetics, or orthotics.

(Cont.) Mobility & Assistive Devices

- ☐ Backup mobility aids (manual chair if power-dependent), transfer aids (slide boards, gait belt).
- ☐ Extra batteries, chargers, power banks.
- ☐ Repair tools and spare parts.

Sensory, Cognitive, & Communication Supports

- ☐ Hearing aids + extra batteries.
- ☐ Glasses/Contacts + spare pair.
- ☐ Communication devices (AAC, tablet, notebooks).
- ☐ Printed communication cards ("I need medication").
- ☐ Comfort or grounding items for autism, dementia, PTSD.
- ☐ Written instructions for caregivers unfamiliar with needs.

Identification & Documentation

- ☐ Photo ID, Medical ID bracelet or necklace.
- ☐ Emergency contact list (printed & digital).
- ☐ Service animal documentation.
- ☐ Landlord/caregiver/facility contact info.
- ☐ USB or cloud copy of key documents (birth certificate, social security card, etc).